



FRIDAY NIGHT FACTS

Office of Faith-Based and Community Initiatives

Mitchell E. Daniels, Jr., Governor

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Dear Readers:

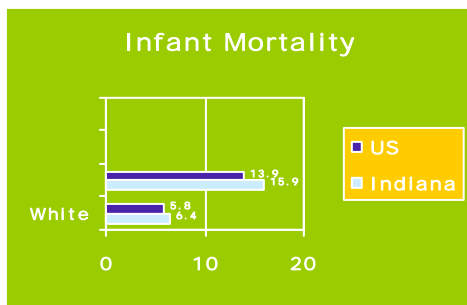


Yesterday, I had the pleasure of hosting along with the Indiana State Department of Health, Indiana Minority Health Coalition, National Cancer Institute, American Cancer Society, Family Social Services Administration, Little Red Door Cancer Agency and Pfizer, Inc, the first mini-Health Summit at Indiana Black Expo. The summit was entitled "Health Disparities in Black and White".

This slide sums up visually why the summit was important: ➡

The larger section of the pie indicates that 57% of the deaths that occur in Indiana from all causes are experienced by African-Americans. Additional slides indicated that far more African-Americans than Caucasians experience heart disease, diabetes, hypertension, lung cancer and prostate cancer. Of even greater distress is the issue of infant mortality as shown in this slide: ➡

Needless to say, all Hoosiers should be concerned about this terrible statistics. The State suffers. The call to action is organizations to say enough is enough. State of the State Address when he said *one of the least healthy states in too much, and exercise too little.*"



If even one Hoosier is unhealthy, the entire community-based and faith-based Governor Daniels said it best in his 2006 *"It's a troublesome truth that ours is America. We weigh, drink, and smoke*

With the help of INShape Indiana Hoosiers can lead healthier lives and live longer. Log on to www.in.gov/inshape

Rewards of Giving: An In-Depth Study of Older Adults' Volunteer Experiences in Urban Elementary Schools

Rewards of Giving is based on interviews with 43 volunteers in Experience Corps, a national service program that recruits, trains and places teams of older adults in underserved urban elementary schools as tutors and mentors. The study offers understanding of what motivates Americans over 55 to volunteer, the challenges and rewards they experience through civic engagement and key program supports that contribute to meaningful service work. *Rewards of Giving* provides important insights to practitioners and funders about creating and investing in high-quality, high-yield program models that effectively attract and retain older adult volunteers.

To read this report, please go to http://www.ppv.org/ppv/publications/assets/201_publication.pdf

The 2006 KIDS COUNT Data Book

The 17th annual national and state-by-state study profiles the well-being of America's children, and seeks to enrich discussions concerning ways to secure better futures for all kids. The annual Data Book ranks states on 10 key measures and provides data on child health, education and the economic condition of families. This year, the Casey Foundation also looks at the critical role that early childhood development plays in preparing millions of American children for success in school and life. Casey also discusses ways to support family-based child-care providers. *The 2006 KIDS COUNT Data Book* materials can be accessed and downloaded by visiting www.aecf.org.

Grant Opportunity...

The McKenzie Foundation supports opportunities and experiences that enrich learning in the areas of education, early childhood development, the environment as well as arts and culture. Their grant range is \$5,000. For more information, please visit <http://www.mckenziefoundation.us>

Surgeon General's report about secondhand smoke

U.S. Surgeon General Richard H. Carmona released "The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General" at a press conference on June 27th in Washington, D.C.

The six major conclusions of the report are:

- ⇒ **Many millions of Americans, both children and adults, are still exposed to secondhand smoke in their homes and workplaces despite substantial progress in tobacco control.**
- ⇒ **Secondhand smoke exposure can cause disease and premature death in children and adults who do not smoke.**
- ⇒ **Children exposed to secondhand smoke are at an increased risk for sudden infant death syndrome (SIDS), acute respiratory infections, ear problems, and more severe asthma. Smoking by parents causes respiratory symptoms and slows lung growth in their children.**
- ⇒ **Exposure of adults to secondhand smoke has immediate adverse effects on the cardiovascular system and causes coronary heart disease and lung cancer.**
- ⇒ **The scientific evidence indicates that there is no risk-free level of exposure to secondhand smoke.**
- ⇒ **Eliminating smoking in indoor spaces fully protects nonsmokers from exposure to secondhand smoke. Separating smokers from nonsmokers, cleaning the air, and ventilating buildings cannot eliminate exposures of nonsmokers to secondhand smoke.**

Report materials are now available online at: <http://www.surgeongeneral.gov/library/secondhandsmoke/>

Get Free Help to Quit Smoking, Indiana Tobacco Quitline, 1-800-QUIT-NOW



Smoke
Free **Indy**
expect it. enjoy it.
www.smokefreeindy.com

SMOKE FREE INDY ANNOUNCES UNIQUE
EVENT THAT ASKS THE QUESTION:
**Can you teach an old ashtray
a new trick?**

A call to all creative minds:
Ashtrays to Art

A candy dish, a picture frame, a candleholder, a pretty place to keep your jewelry? This is your chance to share your artistic vision and help a down-on-it's-luck ashtray to get a new lease on life.

In celebration of Indianapolis restaurants and businesses going smoke free on March 1, 2006, Smoke Free Indy (www.spokefreeindy.com) is sponsoring an art show featuring alternative uses for ashtrays. Find an ashtray and turn it into anything you want it to be. Get crazy, be innovative and then put your creation in their show. All pieces entered will be on display at a special exhibit (date and location to be announced). The pieces will be auctioned off to the highest bidders with all proceeds going to Smoke Free Indy to help fund education programs.

All ages and abilities are welcome to participate. Group projects also accepted—church groups, book clubs, neighborhood organizations, etc. There are no requirements on format, complexity or size.

For more information, email Tim Harmon at timjharmon@gmail.com, please include your name and phone number, or call 317-627-0498.

BABIES WHO SMOKE: Solutions for a Statewide Problem

Indiana leads the nation in the percentage of **women who smoke during pregnancy**. Learn more about this problem, and learn about **practical, community-based solutions**, at an Issues & Answers session hosted by **Clarian Health Partners** and Indiana Youth Institute (IYI).

The event will be held at the Clarian North Learning Center, 11700 North Meridian Street, Carmel, on **Friday, July 28, from 9 – 11:30 AM**. To register, please call 1-800-343-7060 or visit http://www.iyi.org/trainings_conferences/trainings_main.asp